

Professor J Alfredo Martinez PhD



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Professor J Alfredo Martinez was appointed Professor of Food Sciences and Nutrition at the University of Navarra in 1992. He has been Co-Director of the Institute of Food and Nutritional Sciences since 2004.

His main research interests are in the nutritional control of metabolism; the nutritional utilization of functional foods; the evaluation of nutritional status in different populations; nutrition and immunity; and cell, animal and human intervention and epidemiological studies in obesity.

He has been Secretary to the Federation of European Nutritional Societies since 2003 and the President of the Spanish Federation of Nutrition, Food and Dietitians since 2005. He is the author of numerous publications and is a popular invited speaker at international and Spanish conferences.