Professor Wim H.M. Saris MD,PhD.



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Professor Wim Saris was appointed Professor of Human Nutrition at the Medical and Health Science faculty of Maastricht University in 1988. From 1992 till 2005 he was the scientific director of the Nutrition and Toxicology Research Institute, NUTRIM. In 2005 he joined the DSM Company in Delft as a part-time corporate scientist in Human Nutrition.

His major research interest is energy metabolism and substrate utilization under different conditions, such as athletic performance, obesity, diabetes and cancer, with a particular emphasis on the relationship between daily physical activity and energy and substrate balance. Other interests are bone metabolism; the role of folic acid; gene - nutrient interaction in the gut and genetic susceptibility in relation to nutrition (Nutrigenomics).

He was a member of the Dutch Health and Nutrition Council and has chaired the Dutch RDA committee since 1985. He was member of the Scientific Committee on Food of the European Commission in Brussels from 1996 till 2003.

He is coordinator of the EU 6th framework research project DiOGenes "Diet, Obesity and Genes" which is a large obesity related research program with 29 partners including the 3 major food companies, Unilever, Nestle and Danone.