



THE EARLY NUTRITION PROGRAMMING PROJECT

Project Number: FOOD-CT-2005-007036
Acronym: EARNEST

EARLY NUTRITION PROGRAMMING & HEALTH OUTCOMES IN LATER LIFE:

Obesity & Beyond

20 - 21 APRIL 2007, BUDAPEST, HUNGARY

MEDIA ALERT

KEY WORDS

Obesity, Childhood Obesity, Nutrition in Pregnancy, Genetic Origins, Infant Formula, Impact on Public Health, Breastfeeding, Cardio-vascular Disease, Diabetes, Cognitive Development

EVENT

Early Nutrition Programming & Health Outcomes in Later Life: Obesity & Beyond
20 – 21 April 2007 Budapest – Novotel Budapest Centrum
Joint meeting between the Early Nutrition Programming Project (EARNEST - www.metabolic-programming.org) and the Academy of Nutritional Sciences
A Satellite Symposium of the 15th European Congress of Obesity

PRESS CONFERENCE

Refreshments 11.30 – Conference 12noon-12.45 - 20 April – Novotel Budapest Centrum
(Conference starts 13.00 - 20 April)
Journalists are also invited to attend the main conference on Friday 20 & Saturday 21st April - please respond as below

CONTENT

- **Nutrition during pregnancy and infancy** can exert important long-term effects on health and development - obesity, cardio-vascular disease, diabetes and cognitive development may all be implicated.
- **Early Nutrition Programming & Health Outcomes in Later Life: Obesity & Beyond** is a major International Conference to address this emerging science with speakers from around the world, many engaged with the EC-funded EARNEST project. Original research will be presented by invited international experts as well as by young scientists.

KEY ANNOUNCEMENTS

- **Early feeding in infancy and later growth** – the results from the European Childhood Obesity project will provide key data for policy-makers, healthcare professionals, consumer groups and the infant food industry. Do babies fed on formula containing high protein get fatter than those fed on formula containing lower protein content or breast fed babies? The results will demand a re-think from all stakeholders on early infant feeding and expectations of growth in the first year of life (to be presented by Professor Bert Koletzko, EARNEST Project Co-coordinator).

- **Inconsistency to be revealed across Europe on advice** to families on nutrition in pregnancy and early infancy and its impact on health and development. Policy documents, leaflets and information in magazines and on websites across 5 EC countries do not give enough detailed or consistent information to enable parents to make the best decisions on nutrition & early infant feeding for themselves and their families (presentations to be co-coordinated by Dr Monique Raats, EARNEST Theme 4 leader).
- The **emerging science of Early Nutrition Programming and its results** must be built into policy and practice for the benefit of the long-term health of all citizens – EC countries to announce their commitment

FURTHER MAJOR PRESENTATIONS

- **Genetic origins of obesity in later life – can these be established by the early environment?** (Lucilla Poston)
- **The balance between physical activity & body weight gain – when is this established?** (David Gardner)
- **Supplementing maternal diets with fish oil – what are the effects?** (Tamas Decsi)
- **Obese children – impact on availability of essential nutrients** (S Bokor)
- **Breastfeeding and atherosclerosis** (Atul Singhal)

MORE INFORMATION

Please visit the EARNEST website – www.metabolic-programming.org

Full conference programme is given at – www.metabolic-programming.org/budapest2007

Media information at – www.metabolic-programming.org/media

Interviews with key presenters available before conference and at conference – reserve time slots now!

Detailed releases to be issued week commencing 16 April 2007

Contact Minerva prc – info@minervaprc.com / +44 (0)1264 710428 / 07887 714957

Would you like to attend the press conference?

Would you like to attend the main conference?

Please email us promptly – spaces are limited! – info@minervaprc.com

