

## Dr Helen Budge

Dr Helen Budge is Clinical Associate Professor of Neonatal Medicine at University Hospital, Nottingham. She graduated in Physiological Sciences in 1988 and in Medicine in 1991 from the University of Oxford. She trained in Paediatrics in Oxford and Nottingham and specialised in Neonatal Medicine. She was awarded the Neonatal Society's Young Investigator Prize in 2002, her PhD in 2003 and the Nutrition Society's Cuthbertson Medal in 2007. She is a Fellow of the Royal College of Paediatrics and Child Health, a member of its Academic Panel and Meetings' Secretary of the Neonatal Society, the leading UK society for neonatal science. She is currently senior clinical principle investigator in the Early Life Nutrition Research Group based in Academic Child Health, University Hospital, Nottingham.

### Recent publications include:

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Symonds ME, Sébert SP, Hyatt MA, Budge H (2009) Nutritional programming of the metabolic syndrome. *Nature Reviews Endocrinology* *Nature Reviews Endocrinology*. 5(11):604-10..

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